

ACC SCoPEd Column B Top Up Training Timetable

5-6 June & 12-13 June 2026 - online

DAY 1

9.15-10.00	Session 1 2.11.B Research and counselling practice	45 mins
10.00-10.45	Session 2 4.15.B Audit and evaluation tools	45 mins
10.45-11.05	BREAK/REFRESHMENTS	
11.05-11.50	Session 3 3.21.B Making use of ruptures and impasses 3.23.B Difficulties in the immediacy of the therapy 3.13.Bi Client's self-awareness in relationship 3.16.B Counsellor's use of own responses	45 mins
11.50-12.30	Session 4 3.21.B Making use of ruptures and impasses 3.23.B Difficulties in the immediacy of the therapy 3.13.Bi Client's self-awareness in relationship 3.16.B Counsellor's use of own responses	45 mins
12.30-1.30	LUNCH	
1.30-2.15	Session 5 3.21.B Making use of ruptures and impasses 3.23.B Difficulties in the immediacy of the therapy 3.13.Bi Client's self-awareness in relationship 3.16.B Counsellor's use of own responses	45 mins
2.15-3.00	Session 6 3.10.B Power and authority	45 mins
3.00-3.20	BREAK/REFRESHMENTS	
3.20-4.20	Session 7 3.13.Bii Emotional shifts in the process	60 mins
4.20	End of training for day 1	5.5 hours

DAY 2

9.15-10.00	Session 1 Introduction, course overview and introduction to mental health competences	45 mins
10.00-10.45	Session 2 Mental health: Schizophrenia and other psychotic disorders	45 mins
10.45-11.05	BREAK/REFRESHMENTS	
11.05-11.50	Session 3 Psychosis continued: counselling implications and taking an active role as a member of a professional community/ multi disciplinary approaches to mental health	45 mins
11.50-12.30	Session 4 Bipolar disorders	45 mins
12.30-1.30	LUNCH	
1.30-2.15	Session 5 Personality disorders	45 mins
2.15-3.00	Session 6 Borderline Personality disorder: Dialectical Behaviour Therapy: Overview: background, theory and session structure	45 mins
3.00-3.20	BREAK/REFRESHMENTS	
3.20-4.20	Session 7 Suicidal risk and self harm and violent ideation: an ability to devise and use comprehensive risk assessment strategy	60 mins
4.20	End of training for day 2	5.5 hours

DAY 3

9.15-10.00	Session 1 2.11.B Impact of technology	45 mins
10.00-10.45	Session 2 5.1.Bi Emotional preparedness and reflexivity	45 mins
10.45-11.05	BREAK/REFRESHMENTS	
11.05-11.50	Session 3 4.4.B Client's unconscious perceptions 5.1.Bi Unconscious processes	45 mins
11.50-12.30	Session 4 4.4.B Client's unconscious perceptions 5.1.Bi Unconscious processes	45 mins
12.30-1.30	LUNCH	
1.30-2.15	Session 5 4.4.B Client's unconscious perceptions 5.1.Bi Unconscious processes	45 mins
2.15-3.00	Session 6 4.9.B Contradictory information	45 mins
3.00-3.20	BREAK/REFRESHMENTS	
3.20-4.20	Session 7 3.24.B Complex endings	60 mins
4.20	End of training for day 3	5.5 hours

DAY 4

9.15-10.00	Session 1 The use of an initial and ongoing clinical assessment strategy that is informed by a consistent, coherent and in-depth theoretical approach and is aware of multidisciplinary agencies and support	45 mins
10.10.45	Session 2 Assumptions that underpin understanding of identity, culture, values and worldview and working with interpreters in the counselling room	45 mins
10.45-11.05	BREAK/REFRESHMENTS	
11.05-11.50	Session 3 Critically challenge own identity, culture, values and worldview: Values conflicts	45 mins
11.50-12.30	Session 4 Review and evaluate supervision arrangements and take responsibility for adapting supervision to the evolving and changing requirements of ongoing practice	45 mins
12.30-1.30	LUNCH	
1.30-2.15	Session 5 Critically appraise a range of theories underpinning the practice of counselling and psychotherapy	45 mins
2.15-3.00	Session 6 Selecting and adopting different interventions to respond to the complex and sometimes contradictory needs of the client	45 mins
3.00-3.20	BREAK/REFRESHMENTS	
3.20-4.20	Session 7 Selecting and adopting different interventions continued: the use of faith, religious, spiritual interventions in therapy: A critical appreciation of the core competence framework	60 mins
4.20	End of training for day 4	5.5 hours

TOTAL TRAINING HOURS = 22 HOURS