

Schedule for ACC training on neurodivergence in the counselling room 21st March 2026

Trainer: Kate Mendez, MACC (Accred)

Time	Session Title	Activity Type	Duration
09:00	Welcome and introductions	Presentation	15 min
09:15	Introduction to Buddy Groups	Group activity	10 min
09:25	Morning teaching on autism, Q&A	Presentation	75 min
10:30	Morning break	Break	10 min
10.40	Morning teaching on autism part 2	Presentation	20 min
11:00	Autism case study and feedback/Q&A	Group activity	30 min
11.30	Introduction to ADHD	Presentation	30 min
12:00	Lunch break	Break	60 min
13:00	Afternoon teaching – focus on ADHD, Q&A	Presentation	55 min
13:55	Understanding AuDHD	Presentation	20 min
14:15	ADHD case study and feedback/Q&A	Group activity	20 min
14:35	Afternoon break	Break	15 min
14:50	Spirituality and neurodivergence	Presentation	30 min
15:20	Spirituality case study and feedback	Group activity	20 min
15:40	Final Q&A and resources	Q&A / Wrap-up	20 min
16:00	Finish		