

Building Healthy Organisations & Churches

This is a
**FREE
EVENT**

Sat 1st November 2025

9.30 am – 4.30 pm

St Michael's Martlesham Heath

The Drift IP5 3PL



acc

sponsored by
Association of
Christians in Counselling
and Linked Professions

in partnership with
inspire
Counselling & Training
serving church & community

9.30 Tea/coffee and time to meet and greet each other.

10.00-11.00 **Session 1: What's the Problem and Why Does It Matter?** Dr Lisa Oakley

11.00-11.15 Tea / coffee break

11.15-12.15 **Session 2 : What Goes Wrong and How Do We Spot It?** Sue / Chris Monckton-Rickett

12.15-13.00 Lunch

13.00-14.15 **Session 3 : Building Healthy Churches and Healthy Organisations** Christine Pinder

14.15-14.30 Break

14.30-16.00 **Session 4a : Organisational Recovery**
Karen Gardner

Session 4b : Individual Recovery
Sue/Chris Monckton-Rickett
(you can choose which of the above sessions you attend on the day)

16.00-16.30 Closing Reflections

Lisa Oakley

Professor of Safeguarding and Knowledge Exchange in the Division of Psychology in the School of Society within the Faculty of Health, Medicine and Society at Chester University.

She is one of the leading lecturers and writers on spiritual abuse, including the book, *Escaping the Maze of Spiritual Abuse: Creating Healthy Christian Cultures*

Rev Christine Pinder

A counsellor for more than 30 years, Christine runs her own private practice and Footsteps, which provides affordable counselling for young people in Suffolk. She has a special interest in working with people who have experienced abuse and trauma. She is also an associate minister in her local Anglican church.

Karen Gardner

A counsellor for over 35 years and a qualified supervisor. She is also a Certified Daring Way™ Facilitator, trained in the pioneering work of Dr. Brené Brown. Currently, she serves as the Counselling Centre Manager at Inspire Counselling and Training.

Chris & Sue Monckton-Rickett

Registered Accredited Counsellors, with over 25 years experience. They run WINGS (Wholeness In God's Son), providing counselling, retreat leading & training in counselling, & pastoral care & consultancy. Sue is the Chair of ACC.

In order for us to have some idea of numbers please
book in advance at contact@inspirecounselling.org.uk by Monday 27th October 2025