

REBUILD the ancient ruins RESTORE the places long devasated

Online Conference 2025
Saturday 11th October



REBUILD & RESTORE

Online Conference 2025

Programme

9.30	Welcome
10.00	Session 1 Key note speaker Charlotte Johnson
11.00	Break (30mins)
11.30	Session 2 Spiritual abuse Sue Monckton-Rickett
12.30	Lunch (1hr)
13.30	Session 3 Offering therapy for sexual difficulties Lyn Smailes
14.30	Session 4 Logosynthesis Mary Leckie
15.30	Break (30mins)
16.00	Session 5 Sexual intimacy for survivors of sexual abuse Rebecca Mitchell
17.00	Dinner (1.5hrs)
18.30	Session 6 Working with parts in addiction treatment Dave Cooper
19.30	Session 7 Profound grief Heather Churchill
20.30	Closing remarks
21.00	Close of conference

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Sessions

Key note speaker: Charlotte Johnson

We are delighted Charlotte will open our online conference 2025. She is a deaconess and a credential minister at Willesden New Testament Church of God, and a postgraduate researcher at Nazarene Theological College, in partnership with the University of Manchester. Charlotte sits on the ACC Register Advisory Panel (RAP) who hold the organisation to account in relation to ACC upholding the standards for having an accredited register with the Professional Standards Authority. She also has over forty years' experience of working in the public sector including the National Health Service in management and leadership roles. A former magistrate and chair of school governors, Charlotte is now an active community champion and chair of her local Mencap Charity.



Spiritual abuse: Sue Monckton-Rickett

Spiritual abuse is often described as "a form of emotional and psychological abuse," but from hearing the stories of many survivors, it feels much deeper and destructive, because spiritual abuse impacts a persons' spirit, the core of their being, their relationship with God and sense of purpose and meaning in the world.

In this workshop we will start to explore the impact of spiritual abuse, how we can support those who have been spiritually abused, to recognise it and come to terms with it and its' impact, to restore the various aspects of their lives, to reconstruct their own sense of "self" and re-build relationships with others and/or God.



Offering therapy for sexual difficulties: Lyn Smailes

We live in a sexualised society where we expect to have satisfaction in our sexual experiences characterised by spontaneity and excitement. Such views are often fuelled by prolific media coverage which may convey inaccurate messages focussing on performance and products. In contrast, the church today is often silent regarding sexual matters with the notable exception of same sex attraction. Open conversations about sexuality may not be common in our Christian communities. Conversely, our clients will often want to talk about their sexual difficulties and even more so if we make it clear that we are open to discuss them. How prepared are we for these conversations? Do we need to first rebuild and restore our own concepts of sexuality in a fallen world? Should we be seeking further training and appropriate supervision? Is there a way we can engage with our clients to provide a vision of sexuality bringing meaning and wholeness to their lives or even an experience of God and of his presence?



An introduction to logotherapy: Mary Leckie

Logotherapy® is a powerful tool to help us to move forward from the things that have hurt us and keep us stuck. It is an innovative and highly effective model for healing and development that uses the power of words to process trauma, stressful experiences, memories, limiting beliefs and other states of mind that limit our lives and prevent us from living life to our full potential. This session will offer an introduction to Logotherapy® explaining how we can learn to use it for our own healing, growth and development and to help others to do the same.



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Sessions continued

Sexual intimacy for survivors of sexual abuse: Rebecca Mitchell

This training explores how to support survivors in developing a healthy relationship with their sexuality after experiencing sexual abuse. We will address sexual ambivalence, confusion around pleasure, managing triggers, and building a positive sex model. Participants will also reflect on their own early beliefs about sex, considering what to keep and what to let go of. The session will provide insight into the ambivalence, confusion, and misplaced guilt survivors may experience, alongside practical psycho-educational tools to empower clients, such as Wendy Maltz's Consent, Equality, Respect, Trust, and Safety Model. It also offers space to examine personal feelings about sex and sexuality and how these may influence our lives and work, helping to set them aside where necessary.



Working with parts in addiction treatment (the art of inner discipling): Dave Cooper

This training session will explore how the integration of Internal Family Systems (IFS), Neuro-Linguistic Programming (NLP), and Systemic Practice can offer a holistic, non-medical approach to addressing addiction and dependency. By focusing on the underlying emotional, psychological, and relational factors that contribute to addictive behaviors, these methodologies aim to empower individuals in their recovery journey. Participants will gain insight into how these techniques can foster self-awareness, emotional healing, and sustainable behavioral change without relying on traditional medical interventions.



Profound grief: Heather Churchill

At some point in our lives, every single one of us will face loss. But for some, the loss will be so profound, that they experience deep and traumatic grief. When this bereavement and loss happens, no matter whether it was predicted or unexpected, it can be incredibly difficult to deal with and/or process. This one hour session will explain how we live in a culture that doesn't really know how to assist individuals who suffer from a loss and will also set out a few practical guidelines as to how to help ourselves or others when they experience a significant loss.



"They will rebuild the ancient ruins
and restore the places long devastated;
they will renew the ruined cities
that have been devastated for generations."

Isaiah 61:4



¹The Spirit of the Sovereign Lord is on me,
because the Lord has anointed me
to proclaim good news to the poor.
He has sent me to bind up the brokenhearted,
to proclaim freedom for the captives
and release from darkness for the prisoners,
²to proclaim the year of the Lord's favor
and the day of vengeance of our God,
to comfort all who mourn,
³and provide for those who grieve in Zion
to bestow on them a crown of beauty
instead of ashes,
the oil of joy
instead of mourning,
and a garment of praise
instead of a spirit of despair.
They will be called oaks of righteousness,
a planting of the Lord
for the display of his splendor.

Isaiah 61:1-3

A photograph of a ruined brick wall, partially collapsed, with rubble on the ground. Overlaid on the image are several colorful, semi-transparent geometric shapes, including triangles and polygons in shades of teal, pink, orange, and blue. In the bottom left corner, there is a dark blue rectangular box containing white text.

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