



RESTORE
Counselling Network



Isaiah 61:3b-4a

“...They will be called oaks of righteousness,
a planting of the LORD for the display of his splendour.
They will rebuild the ancient ruins
and **RESTORE** the places long devastated...”



RESTORE Counselling Network

Restore's vision: *Plant – Support – Sustain*

- To enable and facilitate the setting up of counselling centres
- To support and resource centre managers in a collaborative environment
- To encourage sustainable practice for the long term



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Counselling Network

Core Values embedded in the Restore model:

1. Prayer and Biblical reflection
 - Acknowledgement of God's work
 - Self-care
2. Sustainability
 - Paid for sessions
 - Fair remuneration
 - Provision of student placements
 - Support network
3. Quality of practice
 - Level 4 minimum qualification for the counsellors
 - Supervision of counselling practice
 - Continued professional development
 - Membership of professional body



RESTORE Counselling Network

Who is it for?

For individuals, organisations, churches or groups who...

- want to provide their communities with affordable and professional counselling and don't know where or how to start.
- have made a start or are well established and are looking to move forward or expand.
- would like to be part of a support network of counselling centres managers.



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How do we do this?

- Through a process of consultation meetings, shared experience, information and resources
- The provision of a starter pack containing relevant documentation
- Training on the use of the starter pack
- Facilitating opportunities for Counselling centre leaders to connect and support one another
- Making up to date documentation available as and when regulations change



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Criteria for collaboration:

- Initial consultation to establish aims and objectives (vision and strategy)
- The initial commitment of a minimum of one L4 qualified counsellor
- A minimum ratio of qualified counsellors to trainees
- Proven supervision in place for all counsellors as per ACC/BACP guidelines.
- Proven CPD in place as per ACC /BACP recommendations.



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Criteria for Collaboration Cont'd

- The setting up of a decision making board
- A suitable venue / environment for counselling
- The wholehearted agreement of the church leadership if the provision is run as an outreach of the church.
- Commitment of the church to be supportive of the counselling provision and its development.
- If not part of a church outreach, what backing support is available to the new centre.



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What could engaging with Restore do for you?

- Save precious volunteer/church leadership time
- Counsellors can focus on counselling
- Ministers can focus on ministry
- Ensures the setting up of a professional service
- A model that works - No need to reinvent the wheel
- Save time spent finding appropriate resources
- A support structure for long term sustainability



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Fees cover:

- Consultations
- Resource starter pack
- Training of staff on e.g. induction process
- Annual membership fee for ongoing updates **(optional)**
- Services e.g. doc surgeries, marketing, research, coaching for management **(optional)**
- Branding **(optional)**
- Future development support e.g. family counselling, play therapy etc. **(optional)**



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Fees cont'd:

- Research costs
- Legal costs
- Business/Administrative costs
- Professional Printing costs

Fees on application

There is a 20% discount for ACC members



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Counselling Network – Part 2

Membership to your local Restore Network group

Membership is available to any counselling centre manager/leader/trustee regardless of any previous involvement with Restore

1. Receive updates on changes to regulations and associated documentation*
2. Meet every three months for collaborative peer support facilitated by Restore consultant/coordinator
3. Availability of Restore Consultant for advice and guidance*

*As per conditions in the membership agreement



RESTORE Counselling Network

Contact Clemy Gilmore for further information or to explore how Restore might be able to help make your vision a reality.

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