

## What is the aim of the course?

The aim of the course is to enable course attendees to develop their understanding of pastoral care from a Christian perspective and to become more effective in relating to and caring for the people and communities around them.

## Who is the course is for?

- ⇒ those who see themselves helping others informally in their daily relationships and who desire to learn more about pastoral care generally without being part of a pastoral care team
- ⇒ those who may be members of a pastoral care team and who desire to learn more about pastoral care in order to help others both informally and formally
- ⇒ those in church leadership or who have specific church roles and who desire to develop their awareness of pastoral care in order to support those for whom they have responsibility
- ⇒ those who wish to help others in specific community and workplace settings and desire to learn more about pastoral care in outreach and mission
- ⇒ those who desire to explore a call to pastoral care

## What is the content of the course?

- session 1 introduction
- session 2 Christian pastoral care
- session 3 human need
- session 4 pastoral care relationship
- session 5 listening to God and self
- session 6 listening to others (1)
- session 7 listening to others (2)
- session 8 safe practice
- session 9 book review and resources
- session 10 reflective practice and ending

# Resourcing Pastoral Care Course

## Dates

Thursday 13 January 2022

Thursday 20 January 2022

Thursday 27 January 2022

Thursday 3 February 2022

Thursday 10 February 2022

Thursday 17 February 2022

Thursday 3 March 2022

Thursday 10 March 2022

Thursday 17 March 2022

Thursday 24 March 2022

## Time

7pm - 9.30pm

## Structure

This 10-week online course is very interactive and involves teaching by the trainer, discussion in small and large groups, practicing skills and sharing experience.

A course manual in PDF will be provided. A certificate of attendance is given upon completion of the 20 hours training and the additional 20 hours reflective practice elements.

## Cost

£75 per delegate

## Booking

Please click [here](#) to book. If you would like to discuss the course before booking, please contact [pastoral@acc-uk.org](mailto:pastoral@acc-uk.org). Spaces are limited to 18 people so please book early to ensure your place.



## Feedback from Attendees



“The course is very informative and demonstrative on equipping church leadership with great skills to grow or nurture a caring church. I have really enjoyed it and learnt so much...”

“The best way to sharpen up your pastoral care skills. Definitely recommended!”

“I found this course to be edifying and empowering. It also helped to equip for the task ahead.”

## Trainers Bio

Nadine and Simon Watson have been married for 25 years and have three children. Nadine works as a professional counsellor for over sixteen years; she currently works as a school counsellor and also works in private counselling practice. Nadine is trained as a regional Pastoral Care trainer with PCUK since 2017.



Simon is an ordained associate pastor in his place of worship. He is also a trained counsellor and PCUK regional trainer. Simon and Nadine have run the Pastoral Care Course for members of their own church. They recognised the following:-

‘as Christians that we all give some form of pastoral care be it formal or informally, however PCUK training allows us to do it better, together’.

Nadine and Simon have since 2019 set up Pastoral Care support, which is called ‘The Care Ministry’ within their own place of worship. They are also as trained counsellors able to support pastoral carers through PC supervision.

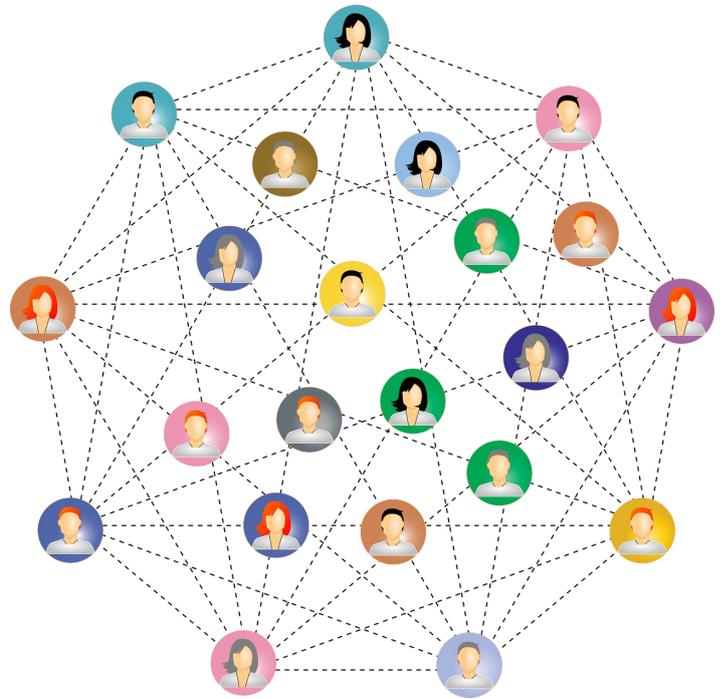
## About Association of Christian Counsellors (ACC)

ACC is a membership organisation initially established to develop and support the ministry of Christian Counselling.

ACC sees Christian Counselling as part of the wider field of pastoral care and, in response to requests from churches, developed this training course.

## About Pastoral Care UK (PCUK)

As part of its commitment to the encouragement, training and resourcing of pastoral carers, ACC has established Pastoral Care UK under its umbrella.



*To facilitate the provision, by Christians, of quality counselling, psychotherapy and pastoral care*

Association of Christian Counsellors

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## PCUK's mission

To be a Christian resource for individuals, churches and organisations which enables the missional purpose, potential and practice of pastoral care to be developed.

## PCUK's vision

To see

the fulfilment of John 13:34-5;

*'A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you have love for one another.'*

and God's love expressed in quality relationships and through pastoral care, restoring individual lives, building healing communities and growing disciples of Jesus.