

## Summary Information About Becoming An Accredited Counselling Supervisor With ACC

### Accredited Counselling Supervisor

This accreditation category is for those counsellors and/or psychotherapists who already have accreditation as an Accredited Counsellor with the ACC, and have undertaken further training in supervision (60 hours or more at minimum Level 5) and gained experience in the supervision of other counsellors. This level of accreditation may also be referred to as 'Accredited Counsellor and Supervisor' for those who wish to place equal emphasis on their Accredited Counsellor status, included within this category of accreditation.

#### Accredited Counselling Supervisors must:

- ✓ be maintaining their counsellor accreditation and meeting all of the requirements for Accredited Counsellor
- ✓ be supervising a minimum of two people
- ✓ have at least 50 hours experience as a supervisor
- ✓ have been accredited as a counsellor for at least one year
- ✓ have at least 650 hours of supervised counselling practice

#### Requirements for accreditation as an Accredited Counselling Supervisor:

- ✓ agreement with ACC's "Statement of Faith".
- ✓ agreement to work within the terms of ACC's "Ethics and Practice" document and published practice guideline
- ✓ completion of a minimum of 60 hours of appropriate training in counselling and/or psychotherapy supervision (i.e. a minimum of 8 days training or equivalent).
- ✓ evidence of the applicant's supervision practice (a photocopy of supervision logs).
- ✓ evidence that the applicant has been and is currently in supervision of their supervision on at least a bi-monthly basis (a photocopy of supervision of supervision logs coinciding with the supervision practice logs submitted is required).
- ✓ a reference from the applicant's supervisor of supervision. This must be on the pro-forma currently approved by ACC and must reflect the experience, competence and good practice of the applicant.
- ✓ agreement to provide information on the number of supervisees seen, their status, length of relationship and give examples of the supervision contract(s) used.

- ✓ a reference from the applicant's Church/Fellowship Leader (or similar person) who will confirm that the applicant is a maturing Christian and in fellowship with other Christians. This must be on the pro-forma currently approved by ACC.
- ✓ agreement to undertake appropriate Continuing Professional Development (CPD) in line with ACC guidance (i.e. a minimum of 30 hours per annum from January 2015, with some CPD relevant to supervision).
- ✓ photocopies of certificates for the supervision training courses completed.
- ✓ evidence (photocopy) of adequate professional indemnity insurance, including for supervision practice.
- ✓

### Written Submissions.

The application process involves you providing evidence of your understanding of the context of supervision practice in the form of two short written submissions of 300-500 words each on the following topics:

*i) 'How does your Agency or Private Practice work?'*

Covering issues such as to whom you are accountable, who has line management responsibility/clinical responsibility for supervision in your setting, and who decides the Counsellor's workload.

*ii) 'Compare and contrast group and individual supervision.'*

The process also requires you to submit evidence of your Supervision Practice in the form of two written submissions of 750-1000 words each on the topics:

*iii) 'Your understanding of the supervisees' counselling model(s) and how you work with it (them).'*

This should include examples from the applicant's work with supervisee(s) to demonstrate how they vary the use of their model(s) to meet the supervisee's developmental needs (e.g. as a trainee, newly qualified practitioner, Counselling Practitioner or Accredited Counsellor).

*iv) 'The applicant's supervision model showing 'How your supervision model(s) helped the counsellor(s) to move the client(s) forward in the counselling process.'*

### Accreditation Renewal

Certification lasts for 1 year. At this point an Accredited Counselling Supervisor can renew their accreditation at the same level for a further year by completing the online re-accreditation renewal procedure (available by logging into the Members' Area and providing a list of Continuing Professional Development (CPD) activities undertaken over the previous year, in line with ACC guidelines. If the applicant is selected for audit, a more detailed

professional development statement is requested to show evidence of a full CPD cycle for each activity listed (i.e. explaining the type of CPD chosen, the learning outcomes and any modification in practice arising from the CPD experience).

It is anticipated that practitioners who also supervise will continue to provide a minimum of 50 hours supervised counselling per annum although extenuating circumstances and/or a notified break in practice will be taken into account. If you are thinking of taking a break from your counselling and/or psychotherapy practice, please contact ACC's Registrar to discuss your options for maintaining accreditation during the break.