

Guidance for counsellors on continuing with clients

The intention of the CCSS service is that it is limited to ten sessions. However, it is set up with some flexibility for the counsellor to be able to offer one or two more sessions for a client when they feel that this is the right thing to do. This is permissible under the terms and conditions of the scheme.

However, a client may wish to continue having therapy with their 'CCSS counsellor' and the counsellor may want to respect this request and take on the client for medium or longer-term work.

In this situation we request first that the counsellor considers with their supervisor the ethical issue of what is in the best interest of the client. Where the counsellor decides to go ahead, then they are free to do so after entering into a new contract/agreement with their client. That is, the CCSS contract must come to an end after ten sessions, and a new contract be entered into. This contract will be the counsellor's own, and the fees set as per the normal range of the counsellor's practice.

In either scenario the counsellor must let the case manager know their intentions.