

## What is the aim of the course?

The aim of the course is to enable course attendees to develop their understanding of pastoral care from a Christian perspective and to become more effective in relating to and caring for the people and communities around them.

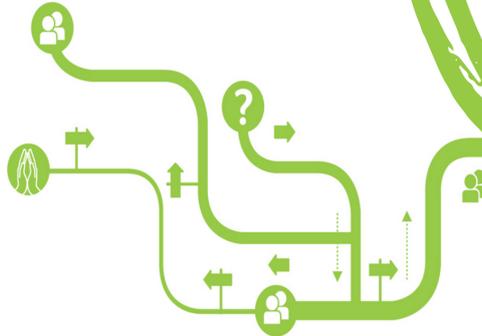
## Who is the course is for?

- ⇒ those who see themselves helping others informally in their daily relationships and who desire to learn more about pastoral care generally without being part of a pastoral care team
- ⇒ those who may be members of a pastoral care team and who desire to learn more about pastoral care in order to help others both informally and formally
- ⇒ those in church leadership or who have specific church roles and who desire to develop their awareness of pastoral care in order to support those for whom they have responsibility
- ⇒ those who wish to help others in specific community and workplace settings and desire to learn more about pastoral care in outreach and mission
- ⇒ those who desire to explore a call to pastoral care

## What is the content of the course?

- session 1 introduction
- session 2 Christian pastoral care
- session 3 human need
- session 4 pastoral care relationship
- session 5 listening to God and self
- session 6 listening to others (1)
- session 7 listening to others (2)
- session 8 safe practice
- session 9 book review and resources
- session 10 reflective practice and ending

# Resourcing Pastoral Care Course



## Dates

Wednesday 26 January 2022

Wednesday 2 February 2022

Wednesday 9 February 2022

Wednesday 16 February 2022

Wednesday 23 February 2022

Wednesday 2 March 2022

Wednesday 9 March 2022

Wednesday 16 March 2022

Wednesday 23 March 2022

Wednesday 30 March 2022

## Time

7 - 9pm

## Structure

This 10-week online course is very interactive and involves teaching by the trainer, discussion in small and large groups, practicing skills and sharing experience.

A course manual in PDF will be provided. A certificate of attendance is given upon completion of the 20 hours training and the additional 20 hours reflective practice elements.

## Cost

£75 per delegate

## Booking

Please click [here](#) to book. If you would like to discuss the course before booking, please contact [pastoral@acc-uk.org](mailto:pastoral@acc-uk.org). Spaces are limited to 16 people so please book early to ensure your place.

## Feedback from Attendees



“The course is very informative and demonstrative on equipping church leadership with great skills to grow or nurture a caring church. I have really enjoyed it and learnt so much...”

“The best way to sharpen up your pastoral care skills. Definitely recommended!”

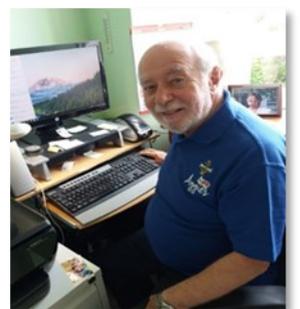
“I found this course to be edifying and empowering. It also helped to equip for the task ahead.”

## Trainer Bio

Jim McRae is a pastoral worker, part of the team at Aggie’s naval charity ([www.aggies.org.uk](http://www.aggies.org.uk)) with over 40 workers offering services to and at naval establishments throughout the UK. He is also the regional trainer for Scotland for the Resourcing Pastoral Care Course run by Pastoral Care UK.

Jim has over 30 years experience in the Royal Navy and has been a family solicitor in Scotland, a ship welfare visitor and administrator with the international Christian seafarers societies, Mission to Seafarers and Stella Maris for many years. His current Aggie’s involvement is at MOD CALEDONIA at Rosyth where he worked with families of the growing ship’s company of HMS PRINCE OF WALES in build there until she sailed for contractor’s trials and eventual commissioning in 2019.

He has been involved in maritime charities since 2005 and is a current active ship welfare visitor with Stella Maris, the Apostleship of the Sea in the Forth Estuary area where he is the Parish Representative for St Margaret’s Memorial Church in Dunfermline. His hobbies are and have been walking, distance running, golf and choral singing with two international choirs. Jim is married to Betty and they live in Dunfermline, Fife and have, between them, six children and fourteen grandchildren.



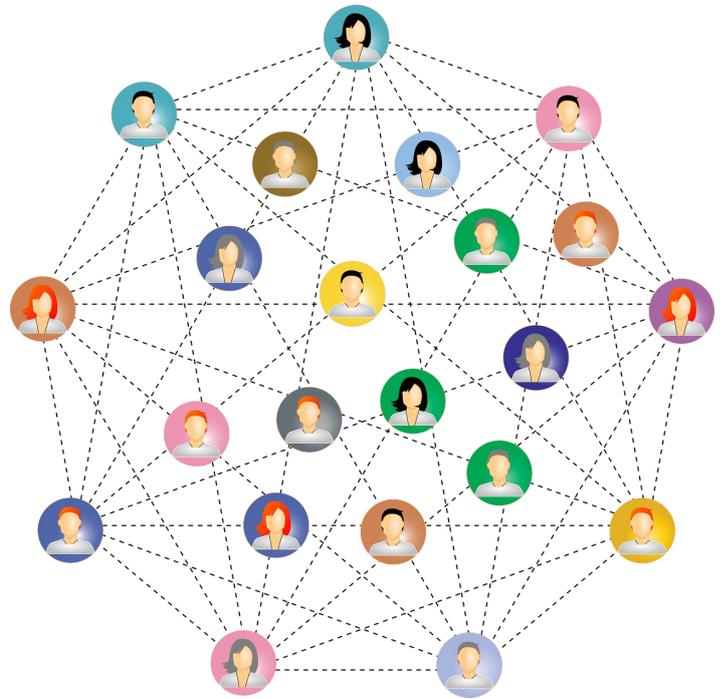
## About Association of Christian Counsellors (ACC)

ACC is a membership organisation initially established to develop and support the ministry of Christian Counselling.

ACC sees Christian Counselling as part of the wider field of pastoral care and, in response to requests from churches, developed this training course.

## About Pastoral Care UK (PCUK)

As part of its commitment to the encouragement, training and resourcing of pastoral carers, ACC has established Pastoral Care UK under its umbrella.



*To facilitate the provision, by Christians, of quality counselling, psychotherapy and pastoral care*

Association of Christian Counsellors

T 024 7644 9694

E [office@acc-uk.org](mailto:office@acc-uk.org)

W [www.acc-uk.org](http://www.acc-uk.org)

[Facebook](#) | [Twitter](#) | [Instagram](#)

Registered Charity No: 1018559 Scottish Charity No: 039810 Limited Company 2791541

## PCUK's mission

To be a Christian resource for individuals, churches and organisations which enables the missional purpose, potential and practice of pastoral care to be developed.

## PCUK's vision

To see

the fulfilment of John 13:34-5;

*'A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you have love for one another.'*

and God's love expressed in quality relationships and through pastoral care, restoring individual lives, building healing communities and growing disciples of Jesus.

