

ACC WALES CONFERENCE

Booking Form

If you would like to book a place on this day conference please complete the following booking form and return it to us along with full payment or a minimum of £12 non refundable deposit.

Mr / Mrs / Miss / Ms / Dr / Rev

First Name:.....

Surname:.....

House No/Name:.....

Street:.....

Area:.....

City:.....

Postcode:.....

Tel. No:.....

Mobile No:.....

Email:.....

Church/Counselling Centre:.....

.....

Name for Certificate.....

I enclose a cheque for £.....

Signed.....

Date:.....

COST

Bookings paid in full by 17th March
(ACC members) £20
(non ACC members) £25

Late payments received after this date
(Everyone) £30

All bookings include a non-refundable deposit of £12

Please make cheques payable to ACC WALES

Bookings are being administered by Cardiff Christian Healing Ministry. Please send the completed form and deposit or full payment to the following address:

CCHM (ACC WALES CONF)
c/o Woodville Christian Centre
Crwys Road
Cathays
Cardiff
CF24 4ND

Telephone enquiries TO MARY HALL

Tel: 0845 1235267
Email: wales@acc-uk.org



ACC WALES CONFERENCE 2012

"EXTREME REACTIONS"



Speaker

PAULINE ANDREW MA

Saturday 21st April 2012

9-30 to 4.30 pm Registration from 9.00am
to be held at Bethel Baptist Church,
Heol Miskin, Pontyclun, CF72 9AJ

Pauline has an MA in Counselling & Psychotherapy and is a Supervisor (Diploma) She is accredited in both roles with the Association of Christian Counsellors. She is also the founder and director of DEEP RELEASE.

Pauline is Managing Director of Barnabas Counselling Training and she teaches their Diploma courses in Counselling and Supervision. She also runs regular Regional Training Days across the country for groups of counsellors, helping them increase their counselling skills and developing creative approaches to therapy. She is a highly experienced and popular trainer, both in the UK and Europe. Her relaxed, interactive and humorous style makes learning easy and the courses memorable. She is currently teaching the 2-year Counselling Diploma course and the Level 5 Intermediate Diploma in Supervision for Barnabas Training International at Pilgrim's Hall in Brentwood.

Pauline has written most of the booklets in the Deep Release Publications series, including the two *Handbooks of Creative Counselling*.

She is a member of the Association of Christian Counsellors, the British Association of Counsellors and Psychotherapists, the European Society for the Study of Dissociation and the Trauma and Abuse Group (TAG). Pauline has previously been a translator, an I.T. trainer, a Tour Operator, a Marketing Manager and Conference Administrator. Chris and Pauline have been married for 26 years.

About Deep Release

The term "deep release" has been coined by Deep Release to describe a *form of counselling ministry which aims to get to the root of*

emotional, spiritual, physical and psychological issues in our lives.

Founded in 1994 with a basis of Christian faith and spirituality by Dr Chris & Pauline Andrew, Deep Release offers some of the most innovative and exciting counselling training courses currently available in the UK.

We train counsellors in the use of many different creative approaches, including the release of blocked emotions, Gestalt interventions, creative tools and pre- and perinatal psychotherapy (in-womb and very early trauma). We place strong emphasis on research, particularly in the areas of neuroscience, body work and trauma. A high priority is given to continuous professional development.

Extreme Reactions: Self-Harm & Suicide

FROM THE CHAIR OF ACC WALES

MARY HALL

This conference will provide an opportunity to gain a greater understanding of these important issues, including why people self-harm and what to do if your client becomes suicidal.

- **What can help the person who self harms?**
- **Suicide – what are the warning signs?**
- **How do I deal with my own reactions? – self-care and the use of supervision**

The presentation includes videos, case studies and practical guidelines. Please be aware that this material may be triggering.

WHY ARE WE LOOKING AT THIS TOPIC?

Figures released in 2010 showed that the number of young people admitted to hospital after cutting themselves deliberately was up by more than 50% in five years.

- Anonymous surveys show one in 10 young people have tried to hurt themselves at some point.
- The most common reasons are family difficulties followed by body image and work or school pressure.
- Most young people who self harm say they do it to cope with their emotions, not as a plea for help or a failed suicide attempt.

These facts were from a BBC news story at the time the figures were released.

ACC is committed to equipping the Christian sector with the tools to work at the highest level. This conference is not just aimed at Christians but aimed at all those who counsel or support those who exhibit these extreme reactions to their inner pain. You don't have to be a highly trained therapist in order to benefit from this day. It will open your eyes as to how you might make a difference.

There will be a certificate of attendance at the end of the day and we ask that you give your name on the booking form in the way you wish to see it on that certificate